# 4) Internalizing Disorders: Interpersonal Therapy for Adolescents with Depression (IPT1001)

#### ONE DAY TRAINING

Interpersonal Psychotherapy for Adolescents (IPT-A) is an effective time-limited intervention for depression. IPT-A focuses on one or two interpersonally relevant problem areas: Role transition, role dispute, grief, interpersonal deficits, and single-family parents. In this INTRODUCTORY workshop, participants will learn the basic goals, strategies, and techniques of IPT.

TIME: 9:15-3:30 (Please note new starting time)

**AUDIENCE:** (maximum of 40 per session)

#### DOH

- Mental Health Care Coordinators
- Mental Health Supervisors
- Clinical Directors
- Family Guidance Center Trainers
- Psychologists
- Quality Assurance Specialists
- Branch Chiefs
- CAMHD Service Reviewers
- Other CAMHD Central Office Administrators

#### DOE

- School, Complex, and District Psychologists
- School-Based Behavioral Health Staff
- Educational Assistants
- Program Coordinators
- Principals
- Vice Principals
- District Education Specialists
- School Counselors

#### DHS

• Multi-Agency Care Coordinators

## **FAMILY COURT**

Probation Officers

## PRIVATE PROVIDER AGENCIES for DOH and DOE

- Paraprofessionals
- Mental Health Professionals
- Qualified Mental Health Professionals
- Staff and Contracted Psychiatrists
- Designated Trainer(s) for Provider Agencies

#### **PARENTS**

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Island / District	Date	Location	Status
ОАНИ	October 29	Tokai University ( \$2 parking per day)	Closed
MAUI	November 13	Puunene School	Open
KAUAI	November 18	Queen Liliuokalani Children's Center Lanai Room 4530 Kali Road, Lihue	Open
HILO	November 20	Hilo DOE Annex, Room 2	Open
MAUI	November 22 1:00 – 4:00	Maui Family Guidance Center  PLEASE NOTE: Open only to staff of the Maui Family Guidance Center	Open
KONA	December 17	Kona Airport Conference Room	Open
OAHU / Windward	December 18	Windward DOE Conference Room King Intermediate School 46169 Kamehameha Highway	Open